

HANDCASE

DIET USER MANUAL

This manual is intuitive as ours softwares, observe the images to understand as to best and the more efficient use. The screens follow the logical order of the presentation of tools in the interface of each software.

Descriptive

Program created to organize the alimentary information, with calculation of calories. The family can organize the diet of all individually. She folloies a table of calories organized by meal. In English.

1.3 - PALM OS 3.5 or superior (ram 73 KB)

Instalation

Installation If you received the program for email, are enough to unpack zip in the work area and to give a double click in the archive Set **diet.prc** the tool of installation of its Palm will go to open presenting the archive to be synchronized, synchronizes and ready or in the next synchronization it will be installed. If you he bought the compact disc is enough to use the installer or to have access for the Windows Explorer the directories, to give a double click in the archive Set **diet.prc**, the tool of installation of its Palm will go to open presenting the archive to be synchronized, synchronizes and ready or in the next synchronization it will be installed.



You will recognize it for the icon to the side.

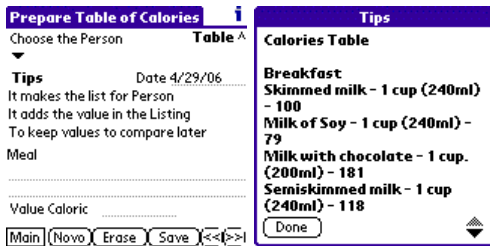
Initial Interface



Here you choose the tool that she desires to use.



Here you add the People of the Family or Patients. Of the form as described in the screen. The suspended menu helps to copy and paste information that you placed in the Memopad of the Palm Desktop and synchronized stop later placing in the tools in the Diet in its Palm.



Here you choose the person in the suspended menu in the top of the screen and add meal for meal and its value respective caloric. (To know which the value caloric is enough to click in icon (i) in the right top the screen will open in the general table and to add the calories of the foods that had composed the meal.

I calculate it of all the meals is made by the Diet in the screen below.



Here you choose the person in the suspended menu in the top of the screen and will see the relation of meals, click in the line in the foot of the screen the program you will go to calculate the total volume of calories of all the meals of the selected person.

Any problem with Software enters in contact with HANDCASE suporte@handycase.com

Access: www.handycase.com

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